



HWBB Sub-Board Minutes

## Age Well Board

19<sup>th</sup> June – 13.30-15.30

Meeting Room 6 – Trafford Town Hall

<p>Attendees</p>	<p>Cllr Joanne Harding – Elected Member  Eleanor Roaf – Interim Director of Public Health, Trafford Council  Brian Allen – Manager. Housing with Support; Trafford Housing Trust  Brooks Kenny - Head of Procurement / Scheduled Care, NHS Trafford CCG  Caroline Siddall - Housing Strategy &amp; Growth Manager; Trafford Council  Dorothy Evans – African Caribbean Care Group  Joanne Gibson – Head of Commissioning, Trafford Council  Judie Collins – Greater Manchester Older People’s Network  Kerry Blackhurst – Healthwatch  Louise Wright – Sport &amp; Physical Activity Relationship Manager, Trafford Council  Vicky McCall – Alzheimer’s Society</p>
<p>Apologies</p>	<p>Ann-Marie Jones – CEO, Age UK Trafford  Dawn Crompton – Nurse Practitioner, Central Manchester University Hospitals NHS Foundation Trust  Diane Eaton – Director of Integrated Services. Pennine Care/Trafford Council  George Devlin  Jane Wagstaff – Project Support Officer, Trafford Public Health  Karen Ahmed – Director of All Age Commissioning; Trafford Council  Paul Burton - Public Health Officer (Age Well and Wider Determinants), Trafford Council  Rebecca Demaine – NHS Trafford CCG  Ric Taylor - Senior Commissioner Mental Health &amp; Learning Disability, NHS Trafford CCG</p>

Agenda Item	
1.	<p><b><u>Introductions and apologies</u></b></p> <p>Cllr Harding welcomed all to the Age Well Board for the new municipal year. Members of the group were reminded of the structure of the Age Well Board and that it is not a duplication of the Health and Wellbeing Board.</p>
2.	<p><b><u>Scene setting for the year ahead</u></b></p> <ul style="list-style-type: none"> <li>• <b>The role of the Board</b></li> <li>• <b>Requirements of members</b></li> </ul> <p>Councillor Harding emphasized that each member is a leader and asked each one to think about how we take and shape our roles. ACTION 2a: Revisit pledges to identify small projects and pledges that can become a reality.</p> <p>Noted that future agendas will have external speakers – areas of good practice. ACTION 2b: Suggestions and ideas have been asked to be put forward regarding potential speakers/areas of good practice.</p> <p>Councillor Haring also noted we need to think about the role of the safeguarding board? ACTION 2c: Ask Maureen Noble to come and give an overview.</p> <p>There was a detailed discussion about ensuring that co-production is at the heart of the Board’s work. Councillor Harding highlighted the good practice in the ‘Inspiring Change Manchester’ programme which has been coproduced from the outset. Jo Gibson is leading coproduction conversations and will give an update to the Board at the next meeting ACTION 2d: Jo Gibson to give presentation on Co-production ACTION 2e: Need co-production pioneers – e.g. Judie. ACTION 2f: Identify Age Well Champions ACTION 2g: Board to set expectations for Co-design</p>
3.	<p><b><u>Key themes for 2019/20</u></b></p> <ul style="list-style-type: none"> <li>• <b>Systems reform</b></li> <li>• <b>Place based</b></li> <li>• <b>Identifying lead</b></li> </ul> <p>Eleanor Roaf gave the context of the work happening to make sub boards more effective. Noted that the HWB structures have been in place since 2013 and have a broad remit. When public health moved into local authorities the aim was to improve effectiveness of population health based approaches and to influence the wider determinants of health as only 20% is affected by health services</p>

	<p>majority is the wider environment.</p> <p>Eleanor took the Board through 8 priorities set out in the HWB Strategy 2019-2025 which aim to improve healthy life expectancy and reduce inequalities through:</p> <ol style="list-style-type: none"> <li>1) Reducing physical inactivity</li> <li>2) Tobacco control</li> <li>3) Reducing harm from alcohol</li> <li>4) Reducing the impact of mental illness</li> <li>5) Improving diet and nutrition</li> <li>6) Reducing poverty</li> <li>7) Tackling climate change</li> <li>8) Clean Air</li> </ol> <p>*Noted the new additions of 5-8.</p> <p>Eleanor updated the Board on the structure of the HWB and JCB.</p> <p>The Health and Wellbeing Board setting the strategic direction and outcomes required for the system to deliver improved population health and reduced inequalities, including strategy development in key areas (via its life course sub boards i.e. Age Well Board), which will be developed in collaboration with other parts of the system, including commissioners, providers and strategic user/carer/neighbourhood partnerships.</p> <p>The strategies relating to health and social care, once agreed, would be given to the JCB to commission against, with the LCA being the delivery vehicle. Implementation should be monitored and evaluated, and the high level indicators reported back into the HWBB.</p> <p>Topics that relate to the wider determinants of health would be referred for action or consideration to the Trafford PSR Board, with a requirement to report back on progress to the HWBB. The HWBB may become the key vehicle for strategic development of some key areas such as climate change, clean air, or poverty reduction.</p> <p>ACTION 3a: Need to agree shared commitments and principles – can we sign up to them and what do they mean in practice.</p> <p>ACTION 3b: Need to look at how we engage with the public?</p>
4.	<p><b>Celebrating Success</b></p> <ul style="list-style-type: none"> <li>• <b>Age Well Plan</b></li> </ul> <p>Councillor Harding highlighted that the Age Well Board is paving the way for people to age well in Trafford. It was noted that we need to think about the diversity of the plan.</p> <p>Councillor Harding also asked members to think about how we communicate the work of the Board.</p>

	<p>ACTION 4a: Board members to contribute to the development and delivery of roadshows.</p> <p>ACTION 4b: Board to define how we are we going to define success? What are the changes would we like to see?</p> <p>ACTION 4c: Board to follow up work with dementia work:</p> <ul style="list-style-type: none"> <li>• Improving uptake of dementia friends training e.g. taxi driver (Taxi Charter)</li> <li>• Improving communication messages – targeted work with communities (work with Dorothy Evans).</li> <li>• Dementia and Disability report from John Kemp to be circulated.</li> </ul> <p>ACTION 4d: Age Well Board action plan on page – designed and cascaded.</p> <p>ACTION 4e: Age Well Plan on a page – designed and cascaded. Plan is out and we have some success in ownership</p> <p>ACTION 4f: Falls and Frailty – Pennine STAMP classes – 57% increase in people attending. Need to work in different way – availability of postural stability classes. Pennine triaging and diverting people into Age UK or Trafford Leisure.</p> <p>Frailty – expanding the pathway to include mental health issues.</p> <p>ACTION 4g: Dashboard update for next meeting.</p> <p>ACTION 4h: Members to identify any items they would like to take to scrutiny</p>
5.	<p><b>Greater Manchester Older Peoples Network</b></p> <p>Judie Collins gave an update on the Greater Manchester Older People’s Network.</p> <p>The Greater Manchester Older People’s Network (GMOPN) was established in October 2015 following a consultation with older people in Greater Manchester. The development of the GMOPN is supported by the Ambition for Ageing (AfA) programme and facilitated by Macc. The aim of the GMOPN is to inform and influence Greater Manchester strategies that affect older people.</p> <p>Membership is open to all older people living in Greater Manchester. The network members meet regularly to:</p> <ul style="list-style-type: none"> <li>• discuss matters of concern to older people;</li> <li>• share ideas that could have a positive benefit for people's lives;</li> <li>• develop ways to improve or change policies or services for older people.</li> </ul> <p>ACTION 5a: Judie encouraged members to sign up to the Network</p>

	<a href="https://www.manchestercommunitycentral.org/gmopn-membership-form">https://www.manchestercommunitycentral.org/gmopn-membership-form</a>
6.	AOB and date of next meeting

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