

Start Well Board Minutes

13 March 2019 – 10.30am to 12.30pm

Lancashire County Cricket Club, The Press Lounge, Players and Media Centre

Attendees

Cllr Jane Baugh (Chair), Executive Member for Children's services, Trafford Council
Helen Gollins, Consultant in Public Health, Trafford Council
Cathy Rooney, Director of Children's Services, Trafford Council
Anita Kiernan, Mental Health and LD Commissioning, Trafford CCG
Joanne Gibson, Head of All Age Commissioning, Trafford Council
Paul Burton, Public Health Intelligence Analyst, Trafford Council
Ann Day, Healthwatch Trafford
Sarah Grant, Senior Partnerships and Communities Officer, Trafford Council
Karen Samples, Director of Education, Trafford Council
Louise Wright, Sport and Physical Activity Relationship Manager, Trafford Council
Kate Murdock, Children's Health Service Manager, Pennine Care NHS Trust
Megan Skelhorn, Public Health Apprentice, Trafford Council
Libby Brunt, Partnerships and Communities Apprentice, Trafford Council
Claire Ball, Commissioner Children's Clinical, Trafford Council
Angela Brown, Specialist Commissioners, Trafford Council
Aimee Gibson, Commissioning Officer, Trafford Council
Sophie Reeve, Pastoral Trafford College
Sarah Armstrong, Interim Children's Health Service Manager- West
Tom Johnson, Head Teacher, St Matthews CE Primary School
Jane Cryne, Commissioning officer, Early Help, Trafford Council
Tim Weedall, Programme Lead, NHS Trafford CCG
Jenny Hunt, PSR Change Manager, Trafford Council
Jacqueline Kerr, Detective Sergeant, (GMP) – Arrived 11am
Shaenaaz Ramjean, Public Health Support Officer, Trafford Council (Minutes)

Apologies

Jane O' Keefe, Senior Business Change Manager, Trafford Council
Margaret James, Senior Support Tutor, Trafford College
Jules Kennedy, Senior Young Carers Officer, Trafford Carers
Dan Jerrome, Green Party Councillor for Altrincham
Jan Trainor, Lead for Children's Health Services & Strategic Lead - West Neighbourhood (Trafford Division)
Sally Carr, The Proud Trust, (unaware of meeting time change)

1	<p>Welcome, introductions and apologies</p> <p>Cllr Jane Baugh welcomed the group. Introductions were done. Apologies were noted.</p>
2	<p>Minutes from last meeting – 8 January 2019</p> <p>It was agreed that the minutes were a true record except for the time of the next meeting on page 6 should be 10.30am to 12.30pm instead of 1.30pm to 3.30pm.</p> <p>Action points were discussed</p> <p>Action1: Ongoing – PB would like feedback around indicators regarding Start Well Performance Framework.</p> <p>Action 2: Ongoing – JG has spoken to Eleanor Roaf and continuing with the Carers Partnership Board and will report back at the next meeting. The Carers Strategy is out now. A link will be sent out with the minutes. There is a questionnaire for feedback which needs to be returned by 31 March 2019. Head Teachers need to be included in the consultation.</p> <p>Action: The carers strategy needs to be an agenda item for the next meeting in June</p> <p>Action: Shaenaaz Ramjean to circulate the survey link Consultation: Trafford Carers, Family and Friends Strategy 2019-2022</p> <p> FW Consultation Trafford Carers Famil</p> <p>Action 3: JT and HG have not met to discuss chairing CYP Health Sub-Board and this will be carried forward.</p> <p>Action: Action 3 to be carried forward.</p> <p>Action 4: Sub- Board reporting is on the agenda – Item 8.</p> <p>Action 5: Completed.</p> <p>Action 6: This is completed and on the agenda – Item 8</p> <p>Action 7: Completed and on the agenda – Item 4</p> <p>Action 8: Jo Cherrett and Sally Carr to meet to explore the issue of changing facilities and the LGBT community further – Not completed</p> <p>Action 9: Updated due to Leisure strategy consultation process.</p>

	<p>Action 10: Jan Trainor and Karen Samples are to meet to discuss the potential funding opportunity through the Institution of Health Visiting – Not completed due to Jan’s absence.</p> <p>Action 11: Smoke Free Places will be presented to Governors Forum on 3rd July 2019.</p> <p>Action 12: Smoke Free School Gates, progressed with one school wanting to be involved.</p> <p>Action 13: Board members to reflect on the priorities of the plans – Ongoing</p> <p>Action 14: Board members to consider how co-production is supported – Board needs to look at how we hear the voice of the child. Look at what Young People’s Health and Wellbeing priorities are. Schools look at what children’s priorities are but this is not filtered up.</p> <p>Youth Parliament asked what children worry about and it was reported that it was knife crime. Sarah Grant stated that knife crime is a Public Health Issue and a knife crime sub group is being set up and will report back about the membership.</p> <p>Children and Families Voice and Influence Board chaired by Glynis Williams looks at how community services capture the voice of the child and parent.</p> <p>Health Watch get a lot of input from children by sending flyers to schools and libraries.</p> <p>Action: Jo Gibson reported that they are working on a guide to co-produce engagement and consultation with children and Jo Gibson will bring this to the next Board meeting.</p> <p>Action: Helen Gollins to contact Youth Health Watch for an update of their work programme.</p> <p>Action: Sarah Grant to report back about the knife crime sub group.</p> <p>Action: The Board agreed that all the themes coming out of consultation with children and young people need to be reported into the Board. A mechanism needs to be developed for this. – Sarah Grant</p> <p> 2 Minutes.docx</p>
3	<p>Start Well Performance Framework Updated Indicators</p> <p>Paul Burton went through the performance dashboard. Reporting on the priorities and ragging them green, amber and red using various comparators.</p>

	<p>Regarding food poverty it was noted that it is important that children get the right diet. This sits under the Live Well Board. Sarah Grant stated that the source of the figures is obtained from the number of people that access the food bank.</p> <p>Kate Murdock stated that Health Visitors and School Nurses support children healthy weight. It was noted that school nursing are on the Pennine risk register as there are workforce challenges. Safeguarding is the priority for school nurses.</p>  <p>Update of Start Well Performance Indicators</p> <p>Action: Paul Burton and Helen Gollins to identify measures of poverty and food poverty.</p> <p>Action: Helen Gollins and Sarah Grant to update the Board on the poverty plan developments at the next meeting.</p>
<p>4</p>	<p>Analysis of Under 18 years Alcohol Admissions to Hospital</p> <p>Paul Burton reported that there were IT problems and individual data was not available but hoped to have this data by the next meeting.</p> <p>The rate for males was statistically worse than the England average for the last 2 time periods. The number of admissions per year were relatively small averaging at 13 per year. Analysis of local authorities across England according to deprivation shows no clear pattern towards higher rates in more deprived areas. Further analysing is being undertaken including the specific reason for admission.</p>
<p>5</p>	<p>Start Well Priority: Mental Wellbeing and Resilience</p> <p>Claire Ball went through the Trafford Local Transformation Plan for Children and Young People’s Mental Health and well being 2015 – 2021 presentation outlining future plans and updates.</p> <p>Cllr Baugh reported from an article that the CCG spend 14% of their overall budget on mental health, but just 0.9 % on child and adolescent mental health services (CAMHS). The LGA is calling for health and wellbeing boards to have overarching governance of how funding on children’s mental health is allocated locally as the statutory bodies where local government, CCGs and the community come together.</p>  <p>5 Mental Well Being Presentation.pptx</p>

	<p>Action: Claire Ball to update Board about progress with Mental Wellbeing and Resilience at August Board</p>
<p>6</p>	<p>Start Well Priority: Improving School Readiness and reducing the gap. The critical 1001 days.</p> <p>Karen Samples stated that the Critical 1001 days should be a remit for this Board. Greater Manchester has a school readiness plan. It is a missing link for Trafford. Mapping should be carried out to check if there are any gaps. Helen Gollins reported that there is a strong understanding of our health visiting service but there is a gap with maternity. This is understandable as Manchester is the lead commissioner for maternity. It was agreed that a Task and Finish Group is needed to take the 1001 days forward.</p> <p>Action: Helen Gollins is to set up a 1001 Task and Finish group and colleagues are to let Helen know if they want to be involved. Karen Samples and Claire Ball indicated that they wanted to be part of the group. The Board is to be updated on progress at the next meeting.</p> <p>Action: Helen Gollins and Tim Weedall to meet to discuss maternity.</p>
<p>7</p>	<p>Period Poverty Update</p> <p>Megan Skelhorn went through the period poverty presentation. The survey included primary schools. The aspiration is to be able to improve access to sanitary products in schools. Collect donations from businesses or organisations for the Red Box Project and connect with schools. There is a Red Box donation station at Trafford Town Hall and they are looking to have one at Sale Waterside. Sarah Grant informed the group that they have applied for 2k from the council executive for this initiative.</p> <p>Helen Gollins informed the group that there is a brunch being held on 11 May 2019, venue and time to be confirmed. This is to raise awareness and people are able to donate sanitary products which include towels, tampons, knickers and tights.</p> <p>It was noted that a stall was held at Limelight last Friday 8th March 2019 on International women’s day to raise awareness.</p> <p>It was agreed that a Poverty strategy is under development.</p> <p>Helen Gollins is going to the Governors Forum on 3rd July 2019.</p> <div style="text-align: center;">  <p>7 Period Poverty 130319.pptx</p> </div>

<p>8</p>	<p>Accountable Board's Updates by exception</p> <p>Helen Gollins clarified the Chairs for the various Boards:</p> <p>Child and Young People's Health Sub-Board – Jan Trainor Early Years Strategic Forum – Karen Samples SEND Board – Karen Samples Education & Skills Board – Karen Samples</p> <p>Helen went through a simple reporting form that the chair needs to do after each Board meeting. The aim is to identify challenges which the Start Well Board can support the sub-boards with.</p> <div style="display: flex; justify-content: space-around; align-items: center;"> <div style="text-align: center;">  <p>8 Start Well proposed governance</p> </div> <div style="text-align: center;">  <p>8 Start Well Sub Board Reporting 2015</p> </div> </div>
<p>9</p>	<p>Any Other Business</p> <p>9.1 Cllr Baugh stated that at the Early Years Strategic Board they discussed the difficulties parents are having to use the vouchers for vitamins. Parents are finding this very complicated.</p> <p>Action: Sarah Grant is to look into why it is complicated to obtain the early years vitamins and to feed back to the Board.</p> <p>9.2 Helen Gollins informed that Trafford Leisure Strategy is out for consultation. Workshops are being held. It was agreed that schools and the youth need to have an involvement. The workshops should be focused on all children.</p> <p>Ann Day queried that when George H Carnall closes where will the provision be for classes that are held there.</p> <p>Action: Helen Gollins to feed back to Chris Jennings with Boards comments regarding the closure of George Carnall and workshops focusing on all children.</p> <p>9.3 Helen Gollins reported that a needs assessment for 0 to 5 and 11 to 19 population has been completed and they are in the process of doing the needs assessment for 6 to10. This will be circulated to the Board for any comments.</p> <p>Action: Helen Gollins to circulate the needs assessment for 0to19 population to the Board for comments.</p> <p>9.4 Helen Gollins informed the Board that there have been 32 cases of measles in Greater Manchester but none reported in Trafford. An awareness programme</p>

<p>9.5</p>	<p>regarding measles is ongoing.</p> <p>It was agreed that it was important that children understood finances. Ann Day said some schools taught children in year 10 to 11 about managing accounts, budget and how to look after their money.</p> <p>Some banks may also offer enterprises for managing money.</p> <div style="display: flex; justify-content: space-around; align-items: center;"> <div style="text-align: center;">  <p>9 Leisure Centre Investment Roadshow</p> </div> <div style="text-align: center;">  <p>9 Trafford Carers Strategy plan on a pa</p> </div> </div> <p>Meeting concluded at 12.15pm.</p>
<p>10</p>	<p>Date and time of next meeting</p> <p>Thursday 27 June 2019, 10.30am to 12.30pm, Thomas De Trafford Room A and B at Trafford Town Hall.</p> <p>Diary dates for future meetings.</p> <div style="text-align: center;">  <p>Start Well Board Dates End Dec 2019.</p> </div>

	Actions Arising	Action Responsibility
<p>1</p>	<p>The carers strategy needs to be an agenda item for the next meeting in June.</p>	<p>Joanne Gibson</p>
<p>2</p>	<p>Shaenaaz Ramjean to circulate the survey Link Consultation: Trafford Carers, Family and Friends Strategy 2019-2022.</p>	<p>Shaenaaz Ramjean</p>
<p>3</p>	<p>JT and HG have not met to discuss chairing CYP Health Sub-Board and this will be carried forward.</p>	<p>Jan Trainor and Helen Gollins</p>
<p>4</p>	<p>Jo Cherrett and Sally Carr to meet to explore the issue of changing facilities and the LGBT community further</p>	<p>Jo Cherrett, Sally Carr</p>
<p>5</p>	<p>Jan Trainor and Karen Samples are to meet to discuss the potential funding opportunity through the Institution of Health Visiting</p>	<p>Jan Trainor, Karen Samples</p>

6	Jo Gibson reported that they are working on a guide to co-produce engagement and consultation with children and Jo Gibson will bring this to the next Board meeting.	Jo Gibson
7	Helen Gollins to contact Youth Health Watch for an update of their work programme.	Helen Gollins
8	Sarah Grant to report back about the knife crime sub group.	Sarah Grant
9	The Board agreed that all the themes coming out of consultation with children and young people need to be reported into the Board. A mechanism needs to be developed for this. – Sarah Grant	Sarah Grant
10	Paul Burton and Helen Gollins to identify measures of poverty and food poverty.	Paul Burton and Helen Gollins
11	Helen Gollins and Sarah Grant to update the Board on the poverty plan developments at the next meeting.	Helen Gollins, Sarah Grant
12	Claire Ball to update Board about progress with Mental Wellbeing and Resilience at August Board	Claire Ball
13	Helen Gollins is to set up a 1001 Task and Finish group and colleagues are to let Helen know if they want to be involved. Karen Samples and Claire Ball indicated that they wanted to be part of the group. The Board is to be updated on progress at the next meeting.	Helen Gollins, Karen Samples, Claire Ball
14	Helen Gollins and Tim Weedall to meet to discuss maternity.	Helen Gollins, Tim Weedall
15	Sarah Grant is to look into why it is complicated to obtain the Early Years vitamins and to feed back to the Board.	Sarah Grant
16	Helen Gollins to feed back to Chris Jennings with Boards comments regarding the closure of George Carnall and workshops focusing on all children.	Helen Gollins
17	Helen Gollins to circulate the needs assessment for 0 to19 populations to the Board for comments.	Helen Gollins