

# Start Well Board Minutes

8<sup>th</sup> January 2019 – 1:30 to 3:30

Thomas De Trafford Conference Room A, Trafford Town Hall

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## Attendees

Cllr Jane Baugh (Chair), Executive Member for Children's services, Trafford Council
Helen Gollins, Consultant in Public Health, Trafford Council
Jo Cherrett, Chief Operating Officer, Trafford Leisure
Cathy Rooney, Director of Children's Services, Trafford Council
Debbie Walsh, Interim Director of Integrated Services, Trafford Council
Anita Kiernan, Mental Health and LD Commissioning, Trafford CCG
Sophie Triantafillou, Safeguarding Board Manager, Trafford Council
Joanne Gibson, Head of All Age Commissioning, Trafford Council
Paul Burton, Public Health Intelligence Analyst, Trafford Council
Deborah Gent, Specialist Commissioner, Trafford Council
Shay Garry, Trafford Young Carers
Jules Kennedy, Senior Young Carers Worker, Trafford Young Carers
Jane O'Keefe, Senior Business Change Manager, Trafford Council
Andy Burrill, Greater Manchester Police
Jan Trainor, Head of Service, North and West Area Family Support Teams, Trafford CYPS and Head of Health Visiting and School Nursing, Pennine Care NHS Foundation Trust
Glynis Williams, Acting Director of Safeguarding, Trafford Council
Ann Day, Healthwatch Trafford
Alison Milne, Head of Service Access and Inclusion, Trafford Council
Sally Carr MBE, Operational Director, The Proud Trust
Cllr Michael Whetton, Shadow Executive Member for Children's Services, Trafford Council
Sarah Grant, Senior Partnerships and Communities Officer, Trafford Council
Karen Samples, Director of Education, Trafford Council
Louise Wright, Sport and Physical Activity Relationship Manager, Trafford Council
Nikki Edwards, Specialist Safeguarding Nurse, Trafford CCG
Kate Murdock, Children's Health Service Manager, Pennine Care NHS Trust
Megan Skelhorn, Public Health Apprentice, Trafford Council (Minutes)

## Apologies

Ric Taylor, Senior Commissioner Mental Health & Learning Disability, Trafford CCG	Wilson, Marie (Pennine Care NHS Trust)	Kathy Murphy, Director of Nursing and Midwifery, St. Mary's, Manchester Foundation Trust
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1	<b>Welcome, introductions and apologies</b>																
2	<p><b>Minutes from last meeting</b></p> <p>Minutes of the previous meeting were approved by the Board. Action points were discussed.</p> <ul style="list-style-type: none"> <li>In response to action 1, PB guided the Board through child homelessness figures.</li> </ul> <table border="1" data-bbox="268 421 1380 573"> <thead> <tr> <th>Establishment</th> <th>2015/16</th> <th>2016/17</th> <th>2017/18</th> </tr> </thead> <tbody> <tr> <td>B&amp;B</td> <td>101</td> <td>61</td> <td>99</td> </tr> <tr> <td>Nansen Close</td> <td>39</td> <td>69</td> <td>69</td> </tr> <tr> <td>Dispersed</td> <td>158</td> <td>100</td> <td>67</td> </tr> </tbody> </table> <ul style="list-style-type: none"> <li>Actions 2, 14 and 15 were carried out – Jo Cherrett and Kate Murdock were invited, and Louise Wright became a member of the Board.</li> <li>Actions 5, 6, 7, 8 and 16 were covered in the meeting’s agenda.</li> <li>Action 3 continues to be suspended until there is a review around capacity.</li> <li>Action 9 is to continue.</li> <li>Actions 11, 12, and 13 have been completed.</li> </ul> <p><b>Actions:</b></p> <ul style="list-style-type: none"> <li><b>Board is to continue sending feedback regarding Start Well Performance Framework to PB</b></li> </ul>	Establishment	2015/16	2016/17	2017/18	B&B	101	61	99	Nansen Close	39	69	69	Dispersed	158	100	67
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3	<p><b>Start Well Governance Structure</b></p> <p>The Board was showed a diagram which displayed the proposed structure of the Board and its sub-boards. It was decided that thematic groups rather than age groups would be more feasible. It was proposed that there is an addition of a Children and Young People’s Health Sub-Board. JT volunteered to chair the CYP Health Sub-Board. The inclusion of School Readiness in the diagram is to be removed as this was included as a priority rather than a sub-board, sub-boards will not be noted on this diagram.</p> <p><b>Actions:</b></p> <ul style="list-style-type: none"> <li><b>JG to determine the governance of the Carer’s Partnership in regards to young carer’s and reporting to Start Well.</b></li> <li><b>JT to meet HG outside the Board to discuss chairing CYP Health Sub-board</b></li> <li><b>Sub-board reporting to become a regular agenda item for the Start Well Board</b></li> <li><b>Diagram to be finalised including removing school readiness. The final proposed governance structure diagram will be shared.</b></li> <li><b>HG to draft a reporting template and process for sub-board updates.</b></li> </ul> <div style="text-align: center;">  <p>Start Well proposed governance 080119.c</p> </div>																
4	<p><b>Start Well Performance Framework Update</b></p> <p>PB guided the Board through the updated indicators in the Performance Framework. A number of indicators were described which generated discussion. These were:</p>																

	<ul style="list-style-type: none"> <li>• Depression prevalence (% , ages 18+), which has been increasing year on year, and is currently at 12.6%. This will be used as a proxy measure for population and parental mental health.</li> <li>• Infant Mortality Rate per 1000 live births, which has increased over the past year and is currently at 3.8%. This indicator will be monitored closely; any further changes will result in a deep dive of the data.</li> <li>• Children and young people with an EHC plan, which is currently at an upward trend. It is to be noted that this includes those up to the age of 25.</li> </ul> <p>The Board was also informed of a GM Dashboard for SEND data on Tableau.</p> <div style="text-align: center;">  <p>Update of Start Well Performance Indicato</p> </div>
5	<p><b>Analysis of Under 18 years Alcohol Admissions to Hospital</b></p> <p>The Board was informed that due to IT problems which have been affecting the ability to access this data; this item will be brought back to the next meeting.</p> <p><b>Actions:</b></p> <ul style="list-style-type: none"> <li>• <b>PB to bring ‘Analysis of under 18 Years Alcohol Admissions to Hospital’ back to the next meeting if the data can be accessed.</b></li> </ul>
6	<p><b>Assurance to the Board: Substance Misuse and Young People</b></p> <p>This agenda item sought to assure the Board about the prevalence of substance misuse amongst Trafford’s children and young people and the related service offer.</p> <p>PB guided the Board through health intelligence including figures that young people who have been through 4 adverse childhood experiences are 2 times more likely to binge drink; and that substance misuse has increased from 6.8% to 8.4%.</p> <p>This was then followed by Trafford’s statistics, one of the main figures being that hospital admissions for substance misuse have been lower than other similar authorities from 2014/15 to 2016/17, at 55 admissions.</p> <p>DG guided the Board through Trafford’s Substance Misuse Service, which was recommissioned in January 2018. GMMH are the lead provider and are accountable for all elements of the service ensuring that it offers the choice and range of services to promote recovery and meet the need of individuals and their families. GMMH subcontract with a number of organisations including Early Break who provide the specialist young people and family service. Early Break deliver the accredited ‘Holding Families’ programme alongside a range of age-appropriate and evidence-based interventions, and training for front line staff in agencies working with young people at the highest level of risk. This is a 5 year contract, which was cluster commissioned with Bolton and Salford.</p> <p>The service is working well, and has provided good results so far. If any referrals regarding substance misuse need to be made, anyone can make the referral through Trafford Achieve on the Trafford Directory (<a href="https://www.trafforddirectory.co.uk/kb5/trafford/fsd/service.page?id=k1gDrlyG4sA">https://www.trafforddirectory.co.uk/kb5/trafford/fsd/service.page?id=k1gDrlyG4sA</a>)</p>

	<p>The Board was informed that referrals can be made by all partners in to Early Break and that the assumption should be that only GMP can refer.</p> <p>The issue of County Lines was raised, and DG described the Early Warning System which a number of Board reps are signed up to.</p>
<b>7</b>	<p><b>Start Well Priority:</b> Trafford Leisure Strategy: Children and young people's perspective</p> <p>JC guided the Board through a presentation discussing what Trafford Leisure will be working on over the next few years. They will provide inspiring spaces that support behaviour change. There are to be many new facilities for children and young people, aged 3+. There is to be a facility for CYP in Stretford Leisure Centre once it goes through redevelopment, but details are not available at present.</p> <p>SC raised the issue of accessibility and acceptability of changing facilities for members of the LGBT community. JC welcomed a meeting with SC to explore further.</p> <p>CR requested that JC returns to a future Board to describe the offer for children and young people who are LAC or who experience physical or emotional difficulties.</p> <p>The Board was informed that if they have any questions about Trafford Leisure's plans, to contact JC.</p> <div style="text-align: center;">  <p>Trafford Leisure Presentation Jan 19.1</p> </div> <p><b>Actions:</b></p> <ul style="list-style-type: none"> <li>• <b>JC and SC to meet to explore the issue of changing facilities and the LGBT community further.</b></li> <li>• <b>If the Board have questions about Trafford Leisure's plans, they are to contact JC (<a href="mailto:joanne.cherrett@traffordleisure.co.uk">joanne.cherrett@traffordleisure.co.uk</a>).</b></li> </ul>
<b>8</b>	<p><b>Life Course Updates</b></p> <p><b>A. Maternity</b></p> <ul style="list-style-type: none"> <li>• <b>Service update</b></li> </ul> <p>There was no update on Maternity as there was no representative available.</p> <ul style="list-style-type: none"> <li>• <b>MVP</b></li> </ul> <p>AK provided a brief update on MVP; work is ongoing to identify a budget and CCG commissioner to progress this work.</p> <p><b>B. Early Years Update (0-5 Years)</b></p> <p>The Board was told that there is to be a focus on transition to schools. <i>EY SEN Children poor at the moment, looking to improve</i></p> <p>There has been a joint bid between authorities in GM from an Early Outcomes Fund, which, if approved, will be used for speech and language improvement.</p> <p>JT raised another potential funding opportunity through the Institution of Health Visiting. JT and KS are to discuss this further.</p> <p><b>Actions:</b></p> <ul style="list-style-type: none"> <li>• <b>JT and KS are to meet to discuss the potential funding opportunity through the Institution of Health Visiting.</b></li> </ul> <p><b>C. 6-19 Years (Early Help and Youth Offer)</b></p> <p>It was noted that there was an error on the agenda – it should have stated 'Early Help and Youth Offer', not 'Early Health and Youth Offer'.</p>

	<p>Currently a new Youth Service Offer is under staff consultation, which would provide a spectrum of youth services, from general to targeted. There was no specific Early Help update.</p>
<b>9</b>	<p><b>Theme updates</b></p> <p><b>A. Period Poverty</b></p> <p>MS and HG provided the Board with background information about period poverty in Trafford, including the results of a school survey undertaken in Dec 2018.</p> <p>SC also informed the board that this should not exclusively focus on girls and women experiencing period poverty, but also any individual who experience periods, such as transgender males.</p> <p>An officer group is going to be established to support ongoing work.</p> <p><b>B. Smoke Free Places</b></p> <p>MS provided an update to the Board on Smoke Free School Gates. This programme has shown positive results after being implemented at the Firs School. Five Trafford primary schools have been chosen to participate in the project. Once agreement from each school is obtained, the schools will receive support to promote Smoke Free environments including a sign promoting smoke free gates. This also covers e-cigarettes use.</p> <p>KS raised that this should be brought to the Governors Forum and Primary Head's Forum for discussion and engagement.</p> <p><b>Actions:</b></p> <ul style="list-style-type: none"> <li>• <b>Smoke Free Places to be taken to the Governors Forum for discussion and engagement.</b></li> <li>• <b>Smoke Free Places to be taken to the Primary Head's Forum for discussion and engagement.</b></li> </ul>
<b>10</b>	<p><b>GM Health and Wellbeing Framework</b></p> <p>CR informed the Board about the Greater Manchester Children &amp; Young People Health &amp; Wellbeing Framework, and informed the Board of the 10 priorities of the framework. The priorities are being worked on are in three waves rather than all at once.</p> <p>CR told the Board that the framework will allow them to think about what is being done in GM as a whole.</p> <div style="text-align: center;">         Greater-Manchester-Childrens-and-Young-     </div> <p>Board members need to reflect on the priorities of the plans and also needs to consider how as a Board we support co-production.</p> <p><b>Actions:</b></p> <ul style="list-style-type: none"> <li>• <b>Board Members to reflect on the priorities of the plans.</b></li> <li>• <b>Board Members to consider how co-production is supported.</b></li> </ul>
<b>11</b>	<b>Any other business</b>

	<p>The Board was informed about a successful PHE funding bid to support children with alcohol-dependent parents.</p> <p>It was mentioned that in the future, the Board should meet in a larger room when possible – either Committee Rooms 2 and 3, or Thomas de Trafford A &amp; B.</p>
<b>12</b>	<b>Date and time of next meeting:</b> Wednesday 13 <sup>th</sup> March, 1:30-3:30pm, Thomas de Trafford B, Trafford Town Hall.

<b>Actions Arising</b>		<b>Action Responsibility</b>
<b>1</b>	Board is to continue sending feedback regarding Start Well Performance Framework to PB	All
<b>2</b>	JG to determine the governance of the Carer's Partnership in regards to young carer's and reporting to Start Well.	Joanne Gibson
<b>3</b>	JT to meet HG outside the Board to discuss chairing CYP Health Sub-board	Jan Trainor, Helen Gollins
<b>4</b>	Sub-board reporting to become a regular agenda item for the Start Well Board	Sub-board members
<b>5</b>	Diagram to be finalised including removing school readiness. The final proposed governance structure diagram will be shared.	Helen Gollins
<b>6</b>	HG to draft a reporting template and process for sub-board updates.	Helen Gollins
<b>7</b>	PB to bring 'Analysis of under 18 Years Alcohol Admissions to Hospital' back to the next meeting if the data can be accessed	Paul Burton
<b>8</b>	JC and SC to meet to explore the issue of changing facilities and the LGBT community further.	Jo Cherrett, Sally Carr
<b>9</b>	If the Board have questions about Trafford Leisure's plans, they are to contact JC (joanne.cherrett@traffordleisure.co.uk).	All
<b>10</b>	JT and KS are to meet to discuss the potential funding opportunity through the Institution of Health Visiting.	Jan Trainor, Karen Samples
<b>11</b>	Smoke Free Places to be taken to the Governors Forum for discussion and engagement.	Helen Gollins, Megan Skelhorn
<b>12</b>	Smoke Free Places to be taken to the Primary Head's Forum for discussion and engagement.	Helen Gollins, Megan Skelhorn
<b>13</b>	Board Members to reflect on the priorities of the plans.	All
<b>14</b>	Board Members to consider how co-production is supported.	All